



## COURSE OUTLINE: EST164 - SKIN CARE THEORY II

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Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	EST164: THE SKIN AND SKIN CARE (THEORY II)
<b>Program Number: Name</b>	2017: ESTHETICIAN
<b>Department:</b>	ESTHETICIAN
<b>Semesters/Terms:</b>	19W
<b>Course Description:</b>	This course is designed to provide students with more in depth knowledge of skin conditions relating to acne, and premature aging. Emphasis is placed on advanced skin treatment concepts for aging, acneic and sensitive skin conditions, and the theory of electrotherapy and galvanic treatments with advanced skin care procedures. A study of new treatment concepts including chemical exfoliations, microdermabrasion, acne treatments and anti aging skin procedures. Focus on instruction will also include preparing for the annual Esthetician Expo and Information Fair presented to the Sault College Community.
<b>Total Credits:</b>	4
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	60
<b>Prerequisites:</b>	EST141, EST142
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>This course is a pre-requisite for:</b>	EST208, EST210
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>2017 - ESTHETICIAN</b>
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 3 Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.
	VLO 5 Identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment.
	VLO 6 Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.
	VLO 7 Establish and maintain professional relationships in adherence to standards and ethics associated with the profession.
	VLO 8 Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.
VLO 9 Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.	
<b>Essential Employability Skills (EES) addressed in this course:</b>	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 5 Use a variety of thinking skills to anticipate and solve problems.
	EES 6 Locate, select, organize, and document information using appropriate technology



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- and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 50%, D

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Analyze the benefits and contraindications associated with specialized esthetic equipment including the steamer, brushing machine, spray units, high frequency, galvanic and microdermabrasion.	1.1 Identify skin types, their characteristics, treatment concepts and contraindications to treatment. 1.2 Identify skin conditions, their characteristics, treatment concepts and contraindications to treatments. 1.3 Determine modifications based on health history and client needs. 1.4 Recognize treatable skin conditions. 1.5 Demonstrate the safe and appropriate use of electrotherapy equipment for particular skin types and conditions. 1.6 Demonstrate proper sanitation, disinfection and sterilization methods for all equipment. 1.7 Determine maintenance requirements for equipment in compliance with health and safety requirements. 1.8 Maintain and store all instruments, materials, and supplies according to manufacturer's guidelines and as required by Algoma Public Health.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Analyze the morphology and treatment concepts for aging, acneic and sensitive skin conditions.	2.1 Knowledge of the structure and composition of the skin. 2.2 Knowledge of advanced ingredient technology with the use of serums and other NatureMed products and make any modifications to treatments related to product ingredients based on health history. 2.3 Knowledge of NatureMed Skincare product line and advanced mask procedures and explain the benefits and effects of ingredients and products. 2.4 Promote the features and benefits of esthetic products and services to assist clients in determining an appropriate skin treatment based on their lifestyle and personal preferences and needs. 2.5 Identify intrinsic and extrinsic factors contribute to aging, acneic and sensitive skin conditions and use this information to educate clients about an appropriate homecare regime based on client needs. 2.6 Identify contraindications to treatments and modify treatments to suit client needs and health history. 2.7 Identify electrotherapy procedures such as galvanic treatments, microdermabrasion, LED skin treatments and Kinelift, which will benefit these conditions. 2.8 Demonstrate appropriate sanitation and disinfection



	<p>procedures as outlined by Algoma Public Health.</p> <p>2.9 Store all supplies, equipment and materials appropriately as outlined by Algoma Public Health.</p> <p>2.10 Knowledge of safe and proper extraction procedures utilizing proper supplies such as gloves, gauze and astringent to disinfect the areas as well as safe disposal of all supplies.</p>
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Organize and implement an informative presentation for the College Esthetic Expo.	<p>3.1 Collaborate as an effective member of a team to reach a common goal.</p> <p>3.2 Research and organize an informative presentation of one aspect of esthetics which demonstrates health and wellness.</p> <p>3.3 Educate the community about the Spa at Sault College.</p> <p>3.4 Reflect a positive attitude.</p> <p>3.5 Reflect strong verbal and non verbal communication skills.</p>

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight	Course Outcome Assessed
Acne Morphology and Treatment	20%	1,2,3
Aging Skin Morphology and Treatment	20%	1,2,3
Esthetic Expo Draft II	10%	3,4
Esthetic Expo Peer Evaluation	20%	3,4
Esthetic Expo Presentation	30%	3,4

**Date:**

August 16, 2018

Please refer to the course outline addendum on the Learning Management System for further information.

